



ANSHUMAN KHULLAR

Civil Engineer, QCI Certified Yoga Trainer, certified Craniosacral practitioner and Marma practitioner

CONTACT

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 Type 9, PAU, Ludhiana, Punjab

PROFILE

With his optimistic outlook, he has inspired and transformed the lives of thousands of people. As a personal development expert and a 'Life Coach' he has inspired many through various initiatives including the 'YES!', 'ART EXCEL', 'YES!+', 'HAPPINESS PROGRAMS', 'SFT', 'KYC', 'KYT'. Also he is YOGA enthusiast and teacher as well.

WORKSHOPS

- Stress free teaching
- Human values in classroom
- Happy Teaching, merry teaching hai

After completing his graduation, he went for a 'Start-Up' aimed at imparting technical skills in students. However, witnessing the challenges of everyday modern life, Mr. Khullar realized that the need of the hour is to equip the Youth with an ability to handle these challenges effectively. Hence, he decided to ascend the road less travelled and initiated teaching 'Life Skills' to the students. An eloquent speaker and guide, he has been working with a number of renowned institutions and has conducted various seminars and workshops

INSTITUTES

- IIT, Delhi
- Thapar University, Patiala
- NIT ,Jalandhar
- Dayanand Medical College,Ludhiana
- Jaypee University,Solan
- Chitkara University, Baddi
- PURC, Hoshiarpur
- Guru Nanak Dev Engineering College,Ludhiana
- Punjabi University ,Patiala
- DAVIET, Jalandhar
- RIMT, Mandi –Gobindgarh
- Ludhiana College of Engineering and Technology
- Government Medical College, Patiala
- Gyan Sagar Medical College, Rajpura
- Government College for Girls, LDH
- Lord Mahavir Medical College
- Khalsa College for Women, Punjab

“ Be the change you want to see “

Reiterating his motto Anshuman would like to continue his work in the field of restoring human values and help create a stress-free, violence-free society.